

Autism Friendly Space Going to the Dentist!

A social narrative by Riverside Dental





My friends and family visit the dentist. People everywhere visit the dentist to make sure that their teeth are clean and healthy. I can go to the dentist too!



When we go to Riverside Dental we check in with the lovely ladies at the front desk. Once we have checked in then I can sit with my family in the waiting room and wait for the dentist to call me in.



Whilst I wait in the waiting room, I am able to speak to my family. I can also ask the lovely ladies at the front desk for a story book to read.



When it is my turn to see the dentist, my name will be called by the dental nurse. I will go to a special room to see my dentist. I will sit in the big dental chair so that I can have my teeth checked.



This will be fun as the dentist will count all of my teeth. My dentist will make sure that all my teeth are clean and healthy. I will try and keep my mouth open and wait patiently.



If I get nervous I can hold mum or dad's hand or have a toy to squeeze. I can always ask for a break if I need one. Once I have finished with the dentist, I will get a sticker from the lovely ladies at the front desk.